

<b>Active Ageing at Local Level Funding 2005 - 2006</b>		
<b>Applicant's Name</b>	<b>Description of Project</b>	<b>Approved Amount (ex GST)</b>
Alzheimers Australia WA Ltd	<p><b>Positive Living (A positive approach for carers of people with dementia)</b></p> <p>Positive Living is an interactive social support program designed to assist aged carers in regional areas develop positive coping skills in dealing with complex emotions and feelings associated with dementia. The two day workshop will also reduce social isolation and enable carers to network effectively within regional communities.</p>	\$ 20,000.00
Arts Margaret River	<p><b>Encouraging mature people to become involved in arts projects in the community</b></p> <p>This project involves a twelve month, five part program of events focused on ageing and older residents and aimed at a long term sustainable engagement with the arts for them.</p>	\$ 10,110.00
Association for the Blind of WA Inc	<p><b>Wellness, Confidence and Connection in Regional WA: Active Ageing for people who are blind or have Vision Impairment</b></p> <p>Vision impairment is linked to restriction in physical activity and health and impacts on people's participation in social activities and interactions, with evidence of resulting social withdrawal amongst some individuals. The five week Confident Living Group program will be delivered across regional Western Australia in Albany, Bunbury, Esperance, Geraldton and Kalgoorlie.</p>	\$ 32,582.00
City of Cockburn	<p><b>Happening Seniors: Active Ageing Inclusion Program</b></p> <p>This program is intended to address the social, cultural, physical, emotional and intellectual needs of older people in the Cockburn community. It will provide opportunities for ageing and older people to communicate more effectively, engage in healthy physical activity and learn new skills while valuing the talents and life experiences that they bring to the community. The program is developed collaboratively with the Regional Seniors Group and is part of the Cockburn Community Development Strategy that cooperates and collaborates across community, local government, industry, business, media and intellectual institutions to develop and deliver various projects and programs.</p>	\$ 39,788.00
City of Mandurah	<p><b>The Mandurah AAA Project: Anticipating Active Ageing</b></p> <p>This project seeks to engage early retirees and those people who may be approaching retirement in order that the City may better understand and support the future aspirations of its ageing population. It will incorporate an action research approach so that active ageing outcomes are achieved in the process.</p>	\$ 40,000.00
Film and Television Institute WA Inc	<p><b>Seniors on Screen - A Community Screen Story Telling Program</b></p> <p>This project is being implemented by the FTI Alumni. It aims to extend the Institute's activities to ageing and older people and engage them in the activities of the Institute. The project will include free screenings followed by discussions with filmmakers, industry personnel and media students from high schools, universities and FTI, along with refreshments in a convivial environment. Participants will also assemble their own "First Person Digital Storytelling" DVD program.</p>	\$ 19,697.00
Gibbs Street Primary School/Homestay Village	<p><b>An Arts Based Integration - Gibbs Street PS and Homestay Village</b></p> <p>This project is based on the school's strong value base which includes the values of "respect" and "tolerance" and involves a developing, ongoing relationship between the school and Homestay Village. The school will offer Homestay Village residents opportunities to participate in school programs such as music, dance, art, literacy support and visual history while the Village will offer reciprocal events.</p>	\$ 5,856.00
Goldfields Land and Sea Council Aboriginal Corporation Inc.	<p><b>Goldfields Intergenerational Story-Telling and Publication Project</b></p> <p>This project involves discussion with community elders and facilitating their participation in telling and publishing their stories. The stories will form an archival record and be circulated to Aboriginal people throughout the Goldfields. There will also be a public event/festival to celebrate and promote them. Engagement of young Aboriginal people is a key aspect of the project.</p>	\$ 20,000.00
Harvey Recreation and Cultural Centre Inc	<p><b>Seniors Strengthening Sessions</b></p> <p>The project includes consultation with ageing and older people to identify perceived barriers to gym use; an education program building on the existing Stay on Your Feet program; a series of Have a Go gym based exercise sessions; and the development of friendship links to assist in achieving a sustained commitment to gym based exercise. It involves partnerships between the Harvey Recreation and Cultural Centre, the Harvey Health and Community Services Group and the Harvey Yarloop health service physiotherapist.</p>	\$ 3,880.25

Independent Living Centre of WA Inc	<p><b>Life was meant to be easier - Assistive Technology EXPO</b></p> <p>The Independent Living Centre, in collaboration with the Shire of Mundaring and Hills Support Group, will hold an information sharing and participation expo for ageing and older people in Mundaring and surrounding areas. The expo will be interactive, facilitating access to ideas and knowledge about technology which assists ageing and older people to maintain independence and autonomy at home and improve quality of life. A meal and refreshments will be provided to enhance the social interaction of the occasion and there will be an ambience of learning through fun. Participation will be supported by suppliers donating equipment related prizes.</p>	\$ 2,980.00
Jacaranda Community Centre	<p><b>Aboriginals Walking to Better Health and Happiness</b></p> <p>Ageing and older Aboriginal people living in the City of Belmont, through the Jacaranda Community Centre, will be invited to come together to learn new skills and decrease their social isolation through participation in walking and other local social activities.</p>	\$ 13,800.00
Kurungal Council	<p><b>Wangkajunga Desert Stories</b></p> <p>In this project, the childhood activities of the older residents of the Wangkajunga Community will be documented. They are among the last people in Australia to have first hand knowledge of a traditional hunting and gathering life style. A younger member of the community will assist with writing and translating the Wangkajunga language. Publications which promote the traditional knowledge and language of the group will be produced, along with a computer presentation that matches photos with words and sounds and can be used in schools. The project is the first initiative in a broader commitment by the Community to maintain the Wangkajunga language.</p>	\$ 24,600.00
Lancelin Telecentre	<p><b>Crafty Seniors</b></p> <p>Local ageing and older people will be encouraged to be more involved in their local community and have in say in how the community runs through a series of programs. These include two craft programs, a Community Associations' Information Day, a Seniors First Aid Course and a Centrelink information session.</p>	\$ 4,265.00
Mandurah Care Facility	<p><b>"Spark of Life" Dementia Specific Group</b></p> <p>This project involves the setup and initial education of staff for two programs. The Spark of Life program has two aspects: one is aimed at boosting self esteem, facilitating meaningful socialisation and relationships and promoting a sense of achievement and self worth for ageing and older people with dementia and Alzheimer's Disease; the other is an education program for staff to assist them to understand dementia, gain the necessary skills to create and adapt specialised interactive dementia programs and to engage residents and enhance their quality of life. The other part of the project, the Physical Strengthening Group, is a weight bearing exercise program.</p>	\$ 2,850.00
Margaret River Regional Environment Centre Inc.	<p><b>Friends of the "A" class Reserve Bush Regeneration Project, Stream Line Rehabilitation</b></p> <p>In this project, local ageing and older people will be engaged in bushland surveys, native species identification and recording, seed collection under licence, native plant propagation and then weed removal and replanting into the prepared site: a degraded wetland and stream line on a reserve in the heart of the Margaret River township.</p>	\$ 15,000.00
Mullewa Shire Council.	<p><b>Lets Get Active Mullewa Seniors</b></p> <p>The Council's project aims to increase the social, physical and mental well being of people aged 55 years and over in Mullewa and surrounding areas and to raise their profile as being active and valuable contributors in all aspects of community life. Initiatives will include an intergenerational fun day, mosaic workshops, Tai Chi classes, bingo and quiz events and beauty therapy and relaxation workshops, activities nominated by local people. The Mullewa Health Service and other local bodies, community groups and businesses are also supporting the project.</p>	\$ 5,430.00
Ngaanyatjarra Council	<p><b>Tjilpi Trips to Country 2006</b></p> <p>In this project, visits will be made to significant sites under the jurisdiction of Ngaanyatjarra elders. Recording of information and stories as well as video recordings as appropriate will be undertaken, these to be used subsequently in participatory intergenerational and education contexts within the community. The project aims to strengthen and promote family and community structures that recognise and utilise the important place of elders. It will also enable young people of the community to see and experience the more traditional and cultural side of life.</p>	\$ 20,000.00
Olders Women's Network WA Inc.	<p><b>"Women for the Future"</b></p> <p>The Older Women's Network will conduct a two and a half day event for women aged between 50 and 90 years. The event will focus on health and well being of body, mind and spirit and will provide opportunities for participants to learn about quality ageing initiatives. In a relaxed residential environment, participants will engage in activities that stimulate and encourage a positive ageing lifestyle. Social interaction activities will benefit physical and psychological well being to improve future life course patterns and discussion and speakers will inform participants of future trends.</p>	\$ 4,000.00

Rockingham Kwinana Division of General Practice	<p><b>Actively Ageing in Kwinana</b></p> <p>The Rockingham Kwinana Division of General Practice will work with the City of Rockingham and the Town of Kwinana as well as local organisations, engaging people 55 years and over in the community in a variety of ways, including social, cultural, health and wellbeing and learning activities. Ageing and older people will be encouraged to take responsibility for preserving their own health and well being, including maintaining their autonomy and independent living. Systems will be established with local governments and other service providers so that ageing and older people are actively engaged in an ongoing way in service planning and delivery.</p>	\$ 40,000.00
RSPCA	<p><b>Seniors Pet Therapy Program</b></p> <p>This program aims to engage ageing and older people who may otherwise be unable to have quality hands on experiences with domestic animals. It draws on proven health benefits resulting from interaction with animals, including stress relief; increased physical activity offsetting heart disease and diabetes; and the highly therapeutic activity of touching and stroking animals. Hands on activities will include animal grooming; light exercising; tidying wards; and animal confidence building and socialisation.</p>	\$ 23,640.00
Shire of Boyup Brook	<p><b>Community Consultation</b></p> <p>The Shire of Boyup Brook has an ageing population, 45% of people in the community being 45 years of age or over. The project includes identification of active ageing opportunities in the community, further program development involving community members and an Active Ageing Expo in partnership with the Boyup Brook Telecentre.</p>	\$ 8,180.00
Shire of Corrigin	<p><b>Corrigin GO-PHER IT in 2006</b></p> <p>The GO-PHER IT project will provide the opportunity for ageing and older Corrigin community members to come together and participate in a local, social and informative experience that will support active ageing, maintaining independence and quality of life. Activities will include gopher driver training; gopher and motorised scooter demonstrations; on - site gopher servicing; a gopher driver safety and general awareness session; and an independent living demonstration; all to be enjoyed with a light lunch and refreshments.</p>	\$ 2,125.00
Shire of Dalwallinu	<p><b>Sprightly Seniors</b></p> <p>Retired farmers and other ageing and older people in the Shire of Dalwallinu will be engaged in a project encouraging physical and mental activity. These activities will include water aerobics, a school volunteer program, old time dances, a what about walking program, a bowls tournament, a book club, calligraphy, Tai Chi and healthy eating classes.</p>	\$ 27,165.00
Shire of Donnybrook-Balingup	<p><b>H2O (Health To Offer)</b></p> <p>Building on previous broader community consultation, the Shire will now focus on ageing and older people. The project will include several open days giving community members the opportunity to see what is available now and to contribute to further developments.</p>	\$ 4,325.00
Shire of Katanning	<p><b>Katanning Active Ageing Expo</b></p> <p>The Expo will have two components: a consultation forum to ascertain ideas from ageing and older people in the community; and lunch and an interactive expo highlighting activities and services available, including recreational and leisure pursuits and intergenerational activities involving use of the internet. The Telecentre, TAFE, Physiotherapy Department of the Great Southern Population Health Unit, local primary schools and the Katanning Seniors Advisory Committee are among those contributing to the expo.</p>	\$ 5,481.59
Shire of Mundaring	<p><b>The Active Ageing Project</b></p> <p>The Shire of Mundaring will be conducting three events at the local community hub: Successful Ageing Seminars; Explore IT Day; and Let's Dance. These will be supported by a number of community organisations and businesses.</p>	\$ 10,572.00
Silver Chain Nursing Association	<p><b>Walpole Seniors - Ageing in Place</b></p> <p>Through the project, local ageing and older residents will be able to contribute to planning for future facilities as well as support for "retirees" in the local area, enabling "ageing in place".</p>	\$ 9,091.00
The Brunswick and Districts Community Association Inc	<p><b>Brunswick Active Ageing Challenge</b></p> <p>The Challenge program will be delivered on a monthly basis over a twelve month period, covering a range of "taste, see and feel" activities. Activities as requested by local ageing and older people will include outdoor adventures at a local camp; woodturning/woodworking; use of computers - beyond basics; and intergenerational projects with local children and youth.</p>	\$ 9,400.00

Town of Bassendean	<p><b>Town of Bassendean Seniors Network and Census</b></p> <p>Through the project, innovative partnering opportunities between local organisations will be encouraged; communication with ageing and older people in the local community enhanced; information regarding activities and services made available; and opportunities for greater social involvement and volunteering offered.</p>	\$ 6,825.00
Trinity School for Seniors	<p><b>Participation in Action research that will enhance understanding of Life Long Learning in Older Adults</b></p> <p>The School provides lifelong learning opportunities for ageing and older people in the community. To further develop and enhance its programs, the School will undertake action research to improve access to relevant information and program planning.</p>	\$ 7,851.00
Volunteering Centre of Western Australia	<p><b>ARC Seniors</b></p> <p>The Volunteering Centre of Western Australia will undertake a community capacity building project aimed at helping rural communities to become skilled in managing their volunteer resources. Ageing and older people who travel to other parts of the State for long - stay visits will be invited to assist in rural communities, thus contributing to the quality of life in those communities.</p>	\$ 11,326.00
WA Deaf Society Inc	<p><b>The WA Deaf Society 50+ Club</b></p> <p>The Club will provide a monthly opportunity for ageing and older deaf people to meet and engage in a broad variety of community based activities, with access to a sign language interpreter. This will provide community members and organisations with a forum to "link in" with the deaf community. In turn, ageing and older deaf people will be able to learn specialised information, have full and equal access to organised events and be able to respond to the information in their first language.</p>	\$ 14,515.84
Wheatbelt Sports Council	<p><b>Generations Together in the Wheatbelt</b></p> <p>The Wheatbelt Sports Council will be able to respond to community suggestions by providing training opportunities in areas such as sports trainer, coaching, time keeping, scoring and umpiring. These will give ageing and older people in the community a high level of community interaction as well as some physical activity. An associated buddy program will link participants with community sport and recreation clubs and younger and older members of the community will also be teamed up.</p>	\$ 9,280.00