

Active Ageing at Local Level Funding 2007-2008

Applicant	Project description	Approved Amount (ex GST)
Armadale Community Family Centre	<p><i>Living Older Younger</i></p> <p>A community capacity building project focusing on developing intergenerational relationships between seniors and young adults, young people and children. Will involve partnerships with a number of organisations and local groups. Seniors will be supported to re-engage with the community, pass on skills to younger generations and themselves learn new skills.</p>	20,000.00
Australian Asian Association of WA Inc	<p><i>Active Ageing – A Journey to a Better Life</i></p> <p>Project will provide opportunities for seniors to engage in physical activity and educational information sessions; also to enjoy social interaction with a number of connecting communities (South East Asian, Middle Eastern, Russian and Spanish Speaking) through sharing of home-cooked multicultural meals and board games and puzzles involving mental stimulation.</p>	25,000.00
City of Albany	<p><i>Dinosaur Project</i></p> <p>This is a local history community development project, capturing stories before knowledge is lost. Ageing and older people from different interest groups and background will come together to share their stories in different formats (oral storytelling, visual/painting, written/poems, cultural and digital ("pods"). Pods will also be linked together for joint activities.</p>	28,583.00
City of Fremantle	<p><i>Active Over 55's (AO55's)</i></p> <p>Five seven week programs will be offered each term for four terms. The program will include courses and activities to enhance mental health, physical well-being, social interaction, environmental awareness and cultural engagement. It will also create communication channels through the development of a newsletter and webpage. An Expo will be held in the lead up to Seniors Week.</p>	28,000.00
City of Gosnells	<p><i>Senior Cuisine</i></p> <p>The City will partner with Canning Vale College to enable ageing and older participants to share a workstation with a student and engage in an interactive learning experience. Ageing and older participants (including men) will learn skills in planning and preparing healthy, nutritious meals and socialise and enjoy a meal with the students.</p>	6,690.00
City of Mandurah	<p><i>Active Ageing and Meaningful Work: Enhancing Local Opportunities</i></p> <p>The project focuses on the enormous potential (for both individuals and communities) for ongoing involvement of older people in work (whether continuing employment, self employment and volunteer or other unpaid work). Through partnerships, practical strategies and materials to foster participation will be developed and trialled.</p>	39,540.00
City of Melville – Willagee Community Centre	<p><i>Go Wild at Willagee: Active Ageing Expo</i></p> <p>The project involves a three day event focusing on areas identified in the City's WHO Age Friendly Cities project and involving collaboration with a range of local community organisations and the creation of new partnerships and programs. Based on this program and experience, further expos will be offered in other City Neighbourhoods.</p>	20,000.00
Community Home Care Bunbury	<p><i>Capturing Memory</i></p> <p>This is an eight week program which will support volunteers and older people working together to produce a diary of memories, facilitating social interaction at the same time. It will also provide opportunity for further contact through the organisation's befriending and social support program.</p>	5,066.00
Film and Television Institute of WA Inc Alumni	<p><i>Seniors on Screen – A Community Screen Story Telling Program</i></p> <p>The project involves two festivals, focusing on great Australian films and promoting the understanding and possibility of ageing and older people telling their own stories. One festival will be held in Fremantle, the other in Mandurah as a model for future festivals outside the metropolitan area. The project acknowledges the important influences of life experiences, gender and culture along with the specific demands of ageing and involves collaboration with the respective local governments and other organisations.</p>	19,124.00
Greenskills	<p><i>GreenSeniors</i></p> <p>This project will actively involve ageing and older people in learning how they can save energy and water, reduce greenhouse gas emissions and save money. It will assist them to: do a simple home audit of their energy and water use; monitor their bills and energy use; switch off when they can; recycle water effectively; spot the savings; and engage in</p>	16,330.00

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	useful new learning activities for wellbeing.	
Jacaranda Community Centre	<p><i>Aboriginal People Working Together for Longer Healthy Life</i></p> <p>Aboriginal people embraced the concept of the previous "Indigenous Walking to Better Health and Happiness" project and have taken ownership and responsibility and developed this further project. It aims to increase their fitness, assist them to learn new skills and try things they would not do in "normal daily life" and decrease their social isolation. The project will break down barriers of age difference and give older participants dignity, care and self fulfilment as well as equality of opportunity with the different activities the program will offer.</p>	16,950.00
Jewish Community Services of WA	<p><i>The Coffee Club</i></p> <p>This project aims to re-connect very isolated Jewish people with their community. Initially, a person will be linked with a volunteer support worker and join them for a coffee at a coffee shop. After 8 weeks, they will be joined by two other people and their support workers. This will encourage friendships and enable the isolated person to develop trust and confidence in being with other people and in a different environment. Later, further groups will be linked.</p>	5,668.00
Multicultural Radio and Television Association of WA	<p><i>The Senior Hour and Whadjuk Radio on 6EBA-FM</i></p> <p>Funding will support the Seniors Hour with six live outside broadcast days; a "your history" segment; active ageing segments; and a singing group. Support of the Whadjuk Radio program will enable consultation with the community; and recording, editing, producing and broadcasting of dreamtime stories. The station is the only full time ethnic community radio in Perth and broadcasts in over 87 languages each week.</p>	19,480.00
Rainbow Coast Neighbourhood Centre	<p><i>"Living Smart" Course</i></p> <p>The program is a 10 week environmental education program providing participants with knowledge and skills to improve the sustainability of their homes and community and encourage their active participation at a community level.</p>	7,200.00
RSPCAWA	<p><i>Seniors Pet Therapy Program (RSPCAWA Senior Assets Program)</i></p> <p>This project is designed to offer volunteers in the over 55 age group, including those with disabilities, the opportunity to assist in making Shelter animals more comfortable and, at the same time, enjoy the proven mental, physical, emotional and social benefits of regular animal contact.</p>	17,000.00
Senses Foundation Inc	<p><i>Responding to Ageing and Dual Sensory Loss: A Training Package for Direct Support Workers</i></p> <p>This project involves the development of a training package for direct support workers and "front counter" staff in the community who are working with older people who have acquired dual sensory (hearing and vision) loss as an outcome of the ageing process. The package will skill staff so that they can support older people with dual sensory loss to gain information necessary for decision making and maintain their social roles, independence and social interaction.</p>	14,077.16
Shire of Capel	<p><i>Fifty and Not Forgotten</i></p> <p>The project builds on a recent Shire survey which indicated the need to focus on ageing and older people. Forums will be held in three towns, leading to the implementation of a range of physical, mental and social activities to encourage people to stay more active in the community and promote health benefits.</p>	23,000.00
Shire of Collie	<p><i>Collie Oldies Living, Learning, Inspiring, Energising</i></p> <p>A month long series of events at the Shire of Collie library, recreation centre and pool will provide ageing and older community members with the opportunity to increase their physical activity and social interaction and with greater access to information and services.</p>	4,213.00
Shire of Cue	<p><i>Boot Scoot Dancing</i></p> <p>The project aims to encourage participation by ageing and older residents of Cue in the healthy and fun pursuit of bootscooting. A dance troupe will visit to provide tuition in the basics of this line dancing. A local committee will manage, coordinate and encourage weekly dance practise sessions.</p>	2,500.00
Shire of Dumbleyung	<p><i>Dumbleyung Shire Active Seniors</i></p> <p>The Shire will work with HACC and various businesses and individuals to put together a varying program of activities and educational sessions to provide the opportunity and encourage ageing and older people in the Shire to learn about active ageing and</p>	6,787.28

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	participate in activities.	
Shire of Katanning	<p><i>Promoting Healthy Lifestyles to Katanning Seniors</i></p> <p>Further to previous programs, the program will include some activities that are more physically active, at the request of participants. It is hoped that this will also attract more senior men to take part.</p>	14,120.00
Shire of Kulin	<p><i>Be Active Seniors Games</i></p> <p>The games will be hosted by seniors from the Shires of Kulin and Kondinin in April 2008. Teams of twelve people will be invited from different areas to compete in a range of games modified to suit all abilities. The project promotes not only physical activity and team spirit but also encourages new friendships from the social interaction with people from other towns. Food will be provided throughout the day by members of local communities and school children will provide the entertainment in the evening.</p>	5,147.70
Shire of Kulin	<p><i>Active Ageing for Seniors Expo</i></p> <p>The expo will include a workshop/seminar where a range of demonstrations and discussions will be held on topics relating to seniors. There will also be an exhibition area providing a range of services and activities available locally to the ageing population. In the middle of the day, there will be a light lunch with entertainment to encourage social interaction between seniors from surrounding districts.</p>	4,240.70
Shire of Mukinbudin	<p><i>Mukinbudin Gifted Grandees</i></p> <p>The project is a series of "let's get involved days" to promote the use of the "50's Shed" in the local community. Ageing and older members will be engaged in creating a large mosaic to be used as a focal point in the main street. There will also be a series of workshops enabling older people to share skills with young people in making toy trains, jewellery boxes and magazine racks over the school holidays. Another part of the project is "just get people to attend". The shed is seen as a vital meeting place, giving social support to the ageing population and important as, often, sons and daughters are leaving the community to further their careers. Morning and afternoon teas will be available and discussions will be held to ascertain what future programs and projects participants would like.</p>	11,143.72
Shire of Mundaring	<p><i>Actively Engaging Men</i></p> <p>The project will build on research and consultation already undertaken and will incorporate an expo followed by a series of guest speaker/activity sessions. The expo will include recreational activities such as darts, indoor bowls and pool; displays of hobby/craft groups such as the WA Woodturners Association and the Machinery Preservation Club; men's health displays and speakers; and car, chainsaw and garden maintenance. The follow up sessions will provide the opportunity for men to visit "The Hub" and be engaged in further activities and social interaction.</p>	5,022.00
Soul Gestures	<p><i>Celebrate Active Ageing Locally</i></p> <p>The organisation will work with older residents in four local government districts (Joondalup, Wanneroo, Stirling and Vincent) to recognise those who are actively contributing to Active Ageing in their community. These stories will form the basis for a series of stories on bus shelters within each local community.</p>	10,000.00
The Older Women's Network WA Inc	<p><i>"Let's Get Together"</i></p> <p>The Network's Theatre Group will write, produce and perform an original work highlighting the active ageing and intergenerational theme and will involve men and young people in this process. A script will be written in collaboration with a community script writers' group and will include issues of mutual respect, dignity, positive ageing and wellness in ageing. One performance will be primarily for seniors in the community and others will be for the general public. These will be held at, and supported by, the City of Gosnells Performing Arts Centre.</p>	3,000.00
The Perenjori Telecommunications and Resource Centre Inc	<p><i>Perenjori Active Seniors</i></p> <p>This project will engage Perenjori seniors to determine their needs, interests and aspirations and develop activities in response to these. It will also provide opportunities for seniors to pass on their knowledge and skills to younger people, either through specific workshops or engagement with the school.</p>	4,676.00
Town of Kwinana	<p><i>Senior Sational – Active Ageing Expo</i></p> <p>The aim of the project is to identify and cater for the future needs (physical, creative, intellectual/mental and social) of ageing and older people (55+) due to rapid changes in the growth and development of Kwinana. An expo will be held over several days, offering a range of activities at different venues. These will be in areas where ageing and older</p>	25,000.00

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	people may be more isolated. The expo will also be used as a form of consultation.	
Westonia Telecentre Inc	<p><i>On the Road to Wealth, Health & Happiness in Our Community</i></p> <p>The aim of the project is to capture the history of Westonia. Young people will catalogue old photos in digital format while seniors talk about the history of them. The final work will be available for local people and visitors to access at the Old Miners Hall which is being restored. There will also be opportunity to enhance health and wellbeing through low impact exercise and nutrition sessions. The project will enable people in the community to come together at a time of difficult circumstances.</p>	15,000.00